



**BRIERCLIFFE PRIMARY SCHOOL**  
**Physical Education Curriculum Overview**  
*"In work and play, only our best."*



Subject – Physical Education						
	Autumn		Spring		Summer	
<b>Reception</b> <b>The Big Question</b>	<b>Elmer (FMS)</b> How can we travel, jump and roll like Elmer?	<b>Space (FMS)</b> In what ways can we push objects in space?	<b>Rocking and Rolling (Gymnastics)</b> In what ways can you rock and roll on different body parts?	<b>Jack and the Beanstalk (FMS)</b> How can you use running, rolling catching and throwing to escape the giant and collect the golden egg?	<b>Mini Beasts (FMS)</b> Can you travel, jump and balance like your favourite mini beast?	<b>Transport (FMS)</b> How far can you make your transport travel using over arm and underarm throws?
<b>Year 1</b> <b>The Big Question</b>	<b>FMS Baseline Unit (Lost and Found)</b> What FMS can you show me?	<b>Roll a Ball</b> How do you roll a ball accurately?  <b>KS1 FMS kicking unit</b> How can we kick a ball with accuracy and control?	<b>Catch and Bounce</b> What simple tactics can we use in a 1v2 game?	<b>Underarm Throw</b> How do you perform an underarm throw accurately?  <b>Gymnastics</b> How can we create and perform a gymnastics sequence with two shapes?	<b>Overarm Throw</b> How do you perform an overarm throw with control?  <b>Dance (Fire, Fire)</b> In what ways can we perform body actions with control?	<b>FMS end of Year 1 assessment (Supertato)</b> Can you show me that you are working on developing your FMS?  <b>Athletics</b> In what ways can we travel, jump and throw with some accuracy?
<b>Year 2</b> <b>The Big Question</b>	<b>FMS unit (Underarm Throw)</b>	<b>FMS unit (Overarm Throw)</b>	<b>Bounce a Ball</b> How can we bounce a ball when moving	<b>Net and Wall</b> How can we strike a ball with some accuracy?	<b>Dance (The Wind in the Willows)</b> In what ways can we perform body	<b>FMS end of KS1 assessments</b>



**BRIERCLIFFE PRIMARY SCHOOL**  
**Physical Education Curriculum Overview**  
*"In work and play, only our best."*



	<p><b>What does a good underarm throw look like?</b></p> <p><b>Piggy in the Middle</b> How can we use simple tactics in a 3V1 game?</p>	<p><b>What does a good overarm throw look like?</b></p> <p><b>Gymnastics</b> How can we create and perform a gymnastics sequence of 4 unlike actions?</p>	<p><b>or passing in a simple game?</b></p> <p><b>Games (Tri Throlf)</b> In what different ways can we pass a ball with accuracy?</p>	<p><b>OAA – The Great Outdoors</b> How can we work well together as a team?</p>	<p><b>actions with coordination and control?</b></p> <p><b>Playground Games in the 20<sup>th</sup> Century</b> What travelling and receiving skills can we use in a 3v1 game?</p>	<p><b>Can you show me what FMS you have mastered?</b></p> <p><b>Athletics</b> In what ways can we travel, jump and throw with increased accuracy?</p>
<p><b>Year 3</b> <b>The Big Question</b></p>	<p><b>Invasion Games through Netball</b> What sports specific skills would we need in order to play a netball type game? How can we develop and use simple attacking skills in a 3V1 game?</p> <p><b>Year 3/4 Net and Wall (Core Task 1)</b> How can we keep a rally going using a small range of shots?</p>	<p><b>Gymnastics (Core Task 1)</b> How can we create and perform a gymnastics sequence of six actions that includes a change of speed and direction?</p> <p><b>Year 3 Invasion Games – 3 Touch Ball</b> How can we develop and use simple attacking skills in a 3V1 game?</p>	<p><b>Dance (Superheroes)</b> In what ways can we use dynamics, rhythm and expression to perform movements clearly and with control?</p> <p><b>Swimming (Year 3 class)</b></p>	<p><b>Year 3/4 Athletics</b> In what ways can we travel, jump and throw with increased accuracy and control?</p> <p><b>Year 3/4 OAA Trust and Trails (Year 3 class that are not swimming)</b> How can we work cooperatively together to achieve a goal?</p>	<p><b>Year 3/4 Striking and Fielding through Rounders</b> What sending and receiving skills can we use in a game of rounders? How can we show accuracy and control?</p> <p><b>Year 3/4 OAA Trust and Trails (Year 3 class that are not swimming)</b> How can we work cooperatively together to achieve a goal?</p>	<p><b>Year 3/4 Invasion Games through Rugby 1</b> What sports specific skills would we need in order to play a rugby type game? How can we develop and use simple attacking skills in a 3V1 game?</p>



**BRIERCLIFFE PRIMARY SCHOOL**  
**Physical Education Curriculum Overview**  
*"In work and play, only our best."*



<p style="text-align: center;"><b>Year 4</b> <b>The Big Question</b></p>	<p><b>Year 3/4 Net and Wall (Core Task 2)</b>  <b>How can we keep a rally going using a small range of shots with some control and consistency?</b></p> <p style="text-align: center;"><b>Swimming</b></p>	<p><b>Year 3/4 Target Games Dodgeball</b>  <b>In what ways can we use simple attacking skills in a 4v2 game?</b>  <b>Swimming</b></p>	<p><b>Year 3/4 Dance (Sparks Might Fly)</b>  <b>How can we use a simple motif to plan a dance and perform as a group with fluency?</b></p>	<p><b>Orienteering (Teamwork/Problem solving)</b>  <b>How can we work collaboratively with others to solve challenges?</b></p> <p><b>Year 3/4 Invasion Games – On the Attack</b>  <b>In what ways can we use simple attacking skills in a 4v2 game?</b></p>	<p><b>Year 3/4 Striking and Fielding through Cricket</b>  <b>What sending and receiving skills can we use in a game of cricket? How can we show consistency and accuracy?</b></p> <p><b>Year 3/4 Athletics</b>  <b>What techniques do we need to perform a variety of runs, throws or jumps with accuracy and control?</b></p>	<p><b>Year 3/4 Creative Games (Tag and Target)</b>  <b>What sports specific skills would we need in order to play a Tag/target type game?</b>  <b>In what ways can we use simple attacking skills in a 4v2 game?</b></p> <p><b>Gymnastics (Core Task 1)</b>  <b>How can we create and perform a gymnastics sequence of six elements that includes changes of level, direction and matched and mirrored shapes?</b></p>
<p style="text-align: center;"><b>Year 5</b> <b>The Big Question</b></p>	<p><b>Invasion Games through Rugby (Unit 1)</b></p>	<p><b>Year 5/6 Gymnastics (Activities 1)</b></p>	<p><b>Year 5/6 Dance Heroes and Villains</b></p>	<p><b>Invasion Games through Netball</b>  <b>What defending skills could we use</b></p>	<p><b>Striking and Fielding through Rounders</b></p>	<p><b>Yr 5/6 Athletics</b>  <b>In what ways can we travel, jump and throw using a</b></p>



**BRIERCLIFFE PRIMARY SCHOOL**  
**Physical Education Curriculum Overview**  
*"In work and play, only our best."*



	<p>What defending skills can we use in a 5v4 rugby type game?</p> <p>Year5/6 Net and Wall through Badminton</p> <p>What makes a good forehand shot and backhand shot on a Badminton type game?</p>	<p>How can we create a sequence of up to 8 elements that include counter balance and counter tension balance, traveling, jumping and rolling?</p> <p>Year 5/6 Invasion Games through Football</p> <p>What defending skills can we develop in football type game?</p>	<p>In what ways can we use weight, space and rhythm in a dance sequence?</p>	<p>in a 5v4 netball type game?</p> <p>Year 5/6 Gymnastics (Activities 2)</p> <p>How can we adapt a floor sequence to work on a range of apparatus?</p>	<p>How can we perform sending and receiving skills with consistency, accuracy and control?</p> <p>Orienteering Unit</p> <p>How can we work cooperatively as a team?</p>	<p>greater range of techniques fit for purpose?</p> <p>Yr 5/6 Creative Games</p> <p>What is needed to create an invasion game?</p>
<p>Year 6</p> <p><b>The Big Question</b></p>	<p>Year 5/6 Invasion Games through Rugby</p> <p>What attacking and defending skills can we use in a 5v5 rugby type game?</p> <p>Year 5/6 Gymnastics (Core Task 1)</p> <p>How can we create a gymnastics</p>	<p>Year 5/6 Gymnastics (Core Task 2)</p> <p>In what ways can we improve a gymnastics sequence as a group</p> <p>Year 5/6 Invasion Games through Football</p>	<p>Year 5/6 Orienteering – Teamwork and Problem Solving 2</p> <p>What is the recipe for good teamwork?</p> <p>Dance (Robin Hood)</p> <p>In what ways can we perform a dance using unison and cannon to show</p>	<p>Year 5/6 Invasion Games through Hockey</p> <p>How can we use simple attacking and defending tactics in a Hockey-type game?</p>	<p>Year 5/6 Net and Wall through Tennis</p> <p>How can we send a receive a ball effectively in a Net and Wall game?</p>	<p>Year 5/6 Athletics</p> <p>What techniques are needed for different travelling, jumping and throwing events?</p> <p>Year 5/6 Striking and Fielding through Cricket</p> <p>What makes a good cricketer?</p>



BRIERCLIFFE PRIMARY SCHOOL  
**Physical Education Curriculum Overview**  
*"In work and play, only our best."*



	<p>sequence of up to 10 elements that includes a change of speed, direction and level?</p>	<p>How can we use simple attacking and defending tactics in a game of football?</p>	<p>conflict between characters?</p>			
--	--	---	-------------------------------------	--	--	--